Queering the Family: 
Attitudes towards Lesbian and Gay Relationships and Families in Northern Ireland

Siobhán McAlister, Nicola Carr & Gail Neill

The Northern Ireland Life and Times (NILT) Survey has asked questions on lesbian, gay, bisexual and transgender (LGBT) issues since 1998. To date survey data have focused primarily on issues relating to prejudice, discrimination and tolerance. In 2012 a range of questions focussing more specifically on LGBT issues was included. This collected information on knowledge and perceptions of the LGBT population; personal prejudice; attitudes on equality issues; the visibility of LGBT people and family-related issues.

This update provides an overview of some of the information emerging from this data. It discusses attitudes towards same-sex relations and notable changes over time. Given recent political debate the primary focus of this paper is on attitudes relating to ‘queer’ marriage, family and parenting. We use the term ‘queer’ here to refer to ‘the diverse family structures formed by those with non-normative gender behaviours or sexual orientations’ (Bernstein and Reimann, 2001:3). As previous updates have noted, there have been significant legislative and policy changes in this area (Jarman, 2010) and this continues with ongoing discussions regarding the development of a Sexual Orientation Strategy for Northern Ireland (Gray et al, 2013).

Legislative landscape

Over the last sixteen years there have been a number of pieces of legislation introduced within Northern Ireland to address discrimination based on the grounds of sexual orientation. These have sought to -

- ensure that public bodies promote equality of opportunity for persons of different sexual orientations – Northern Ireland Act 1998 (Section 75);
- ensure that same-sex parents are entitled to the same adoptive and parental leave as their heterosexual counterparts - The Employment (Northern Ireland) Order 2002;
- ‘make it unlawful to discriminate on the grounds of sexual orientation within employment and vocational training’ – The Employment Equality (Sexual Orientation) Regulations (NI) 2003;
- ‘increase penalties’ for offences motivated by ‘hate’ or hostility towards a person’s sexual orientation – The Criminal Justice (No.2) (Northern Ireland) Order 2004;
- enable same-sex couples to obtain legal recognition of their relationship – Civil Partnership Act 2004;
- prohibit discrimination in the provision of goods, facilities and services on the grounds of sexual orientation – The Equality Act (Sex Orientation) Regulations (NI) 2006.

While matters of employment law and protection for LGBT people seemingly receive little negative political attention, legislation relating to matters of family and partnership law have been regularly contested. Most recently the debate focused on the Northern Ireland wide ban on gay and unmarried couples applying to adopt children. Northern Ireland was the only jurisdiction where the policy existed and while there were calls to bring it into line with the rest of the UK, this was challenged by the Health Minister. After months of delay a Supreme Court Ruling overturned his appeal.

Within the rest of the UK debates around marriage equality continued in 2013 and resulted in the introduction of the Marriage (Same Sex Couples) Act, which will allow same-sex couples to marry in England and Wales. Similar legislation has recently been passed in Scotland. Within Northern Ireland some political parties have rejected motions calling for the legislation of same-sex marriage and progress remains at a standstill. The moral and religious
discourse reflected in debates and public commentary on these issues in Northern Ireland has consistently impacted on the speed of policy and legislative change in matters regarding family, parenting, reproduction, sex and sexuality. However, despite the mood of some public debate, there is evidence to suggest positive changes in public attitudes towards lesbian and gay people over time.

Attitudes towards lesbian and gay people

Social attitude surveys conducted in Northern Ireland over the past two decades show that the numbers of people expressing disapproval of same-sex relations has declined.

The most recent data show continued evidence of improving attitudes towards lesbian and gay people with 73% of respondents describing themselves as ‘not prejudiced at all against gay men’ and 76% reporting similar in respect of lesbians. However, despite indications of more positive changing social attitudes, wider evidence points to continued discrimination towards LGBT people (Gray et al, 2013), thus it is instructive to look at the characteristics of those who remain intolerant.

Consistent with previous attitudinal surveys age, gender and religion are associated with positive/negative attitudes towards lesbian and gay people and LGBT issues (Jarman, 2010; Hayes & Dowds forthcoming). Females and those aged under 65 are more likely to report positive attitudes. Respondents declaring a Protestant affiliation are more likely to report negative attitudes towards lesbian and gay people than Catholics or people declaring ‘no religion’.

Research shows that beliefs held about homosexuality influence attitudes. People who view homosexuality as a ‘choice’ tend to hold more negative views towards gay people and are less likely to support gay rights than those who believe that sexual orientation cannot be changed (Herek, 2000). The NILT Survey (2012) supports this finding and shows that the belief that someone is gay or lesbian is a predictor of more positive attitudes. In the seven years between 2005 and 2012 there has been a substantial increase in the proportion of people who said that they knew someone who was lesbian or gay. This has risen from 46% in 2005 to 70% in 2012.

Given the ameliorating effects of interpersonal contacts (Herek, 2000), the rise in people reporting knowing someone who is lesbian or gay is likely to have positively impacted on attitudes.

Knowing someone who is gay or lesbian is a predictor of more positive attitudes. In the seven years between 2005 and 2012 there has been a substantial increase in the proportion of people who said that they knew someone who was lesbian or gay. This has risen from 46% in 2005 to 70% in 2012.

Figure 1: Percentage of respondents who believe that sexual relations between two adults of the same sex is ‘always wrong’

<table>
<thead>
<tr>
<th>Year</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>1989</td>
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<td>2011</td>
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<tr>
<td>2012</td>
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</table>

Knowing someone who is gay or lesbian is a predictor of more positive attitudes. In the seven years between 2005 and 2012 there has been a substantial increase in the proportion of people who said that they knew someone who was lesbian or gay. This has risen from 46% in 2005 to 70% in 2012.

Given the ameliorating effects of interpersonal contacts (Herek, 2000), the rise in people reporting knowing someone who is gay or lesbian is likely to have positively impacted on attitudes.

Rights to marriage and parenting

Alongside changes in attitudes towards lesbian and gay people there have also been changes in attitudes towards the rights of same-sex couples. In 2005 for example, only 35% of respondents agreed that lesbian or gay couples should have the right to marry. Seven years later, the majority of the sample (58%) felt that marriage between same-sex couples should be legally recognised, granting the same rights as ‘traditional marriages’. There is, however, a sizable proportion of the sample who do not favour same-sex marriage. Support for same-sex marriage appears to decrease with age - 74% of the youngest age group are supportive, whereas this falls to only 30% amongst the oldest age group. Further, while the majority of those who defined as having no religion (74%) or as Catholic (66%), supported same-sex marriage, less than half (45%) of those defining as Protestant were in support of it. Men were less likely than women to be supportive, as were those who did not know someone who was gay.

While over half of the sample approved of same-sex marriage, once matters of fertility and parenting were introduced, support was less evident (see Table 1). Indeed, over one third actively disapproved of adoption by gay couples and to lesbians having access to IVF on the same terms as heterosexual women.

Bernstein and Reimann (2001: 9) note that it is in the issue of parenting children that heteronormativity (i.e. assumed heterosexuality and gender roles) is at its strongest, and that lesbian and gay parenting unsettles many heteronormative assumptions. This includes common beliefs that children require opposite sex parents and that sexual activity is for the purpose of procreation.

Logistic regression modelling was carried out to look at the range of factors that best predict lack of approval for same-sex marriage, lesbian and gay adoption and access to IVF for lesbians. This reveals some highly consistent patterns (see Table 2). Across all, a person believing that sexual orientation is a ‘choice’ rather than something that people are born with is the best predictor of disapproval. Other consistent predictors are a Protestant religious affiliation, regular church attendance (attending once or more a week) and being older.
Finally, with regards to the data on adoption, it is noteworthy that a significant proportion of the sample neither approves nor disapproves of adoption by lesbian or gay couples (around one-quarter). This implies that this group do not have strong feelings either way, and could be influenced towards support. It is also instructive that there appears to be a significant softening of attitudes. In 1989, for example, only 11% of people thought that lesbians should be allowed to adopt a baby under the same conditions as heterosexual couples, and only 5% thought this of gay couples. By 2012, the figures had risen to 40% and 36% respectively. Yet the increased public acceptance is not being mirrored in political decisions.

### Attitudes towards ‘the family’

The dominant or ‘privileged construct’ of the family in Western societies is the heterosexual married couple and their (preferably) biological children. This is normalised and promoted by social institutions (the school, church, media etc.) and legitimised by law and policy. Ironically, despite its privileged position, the numbers of heterosexual married couples with children is declining (NISRA, 2012; ONS, 2012). Yet, this dominant image is reflected in the attitudes of respondents about what they feel constitutes ‘a family’. Almost all (98%) felt that a married heterosexual couple with a child constituted a family. The hierarchy of family types that follows (see Table 3) illustrates further heteronormative and gendered assumptions. While heterosexual marriage is the preferred option, the next best thing – still founded on the assumption that the child has the benefit of both a female and male influence and role model - is for both heterosexual parents to be present, even if not married. Less popular, but preferable to non-heterosexual parents is the heterosexual lone mother, closely followed by the heterosexual lone father. While there was less support for heterosexual lone parents, the majority of respondents still viewed them as ‘a family’. On the other hand, no matter what form they took, at least one in four, and as many as one in three respondents felt that a lesbian or gay parent(s) with a child (i.e. a queer family) did not constitute ‘a family’. This may be because in ‘constructing families that challenge the heterosexual norm’ (Wilson, 2007: 56), lesbian and gay families disrupt common assumptions about both gender and sexuality. Thus, while two parents are preferred in heterosexual families, this is not the case for lesbian or gay families.

### Conclusion

Throughout the analysis consistent findings emerged. With regards to views on marriage, family and parenting the best predictor of attitudes was whether or not the respondent believed sexual orientation was a ‘choice’. Being Protestant, being older, attending church regularly and not knowing someone who is lesbian or gay were also good predictors of less approving/supportive attitudes.

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**Table 1: Views on equal access to marriage, adoption and IVF**

<table>
<thead>
<tr>
<th></th>
<th>Approve or support</th>
<th>Neither approve nor disapprove</th>
<th>Disapprove or do not support</th>
<th>Don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Same-sex marriage</strong></td>
<td>58</td>
<td>-</td>
<td>31</td>
<td>11</td>
</tr>
<tr>
<td><strong>Adoption – lesbian couples</strong></td>
<td>40</td>
<td>25</td>
<td>29</td>
<td>6</td>
</tr>
<tr>
<td><strong>Adoption – gay couples</strong></td>
<td>36</td>
<td>23</td>
<td>36</td>
<td>5</td>
</tr>
<tr>
<td><strong>IVF for lesbian couples</strong></td>
<td>47</td>
<td>-</td>
<td>39</td>
<td>15</td>
</tr>
</tbody>
</table>

**Table 2: Top three predictors of disapproval/ lack of support for equal access to marriage, adoption and IVF**

<table>
<thead>
<tr>
<th></th>
<th>Same-sex marriage</th>
<th>Adoption – Lesbian couples</th>
<th>Adoption – Gay couples</th>
<th>IVF for Lesbian couples</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Sexual orientation a choice</td>
<td>Sexual orientation a choice</td>
<td>Sexual orientation a choice</td>
<td>Sexual orientation a choice</td>
<td>Sexual orientation a choice</td>
</tr>
<tr>
<td>2 Older</td>
<td>Older</td>
<td>Protestant affiliation</td>
<td>Older</td>
<td>Protestant affiliation</td>
</tr>
<tr>
<td>3 Protestant affiliation</td>
<td>Regular church attendance</td>
<td>Protestant affiliation</td>
<td>Regular church attendance</td>
<td></td>
</tr>
</tbody>
</table>

**Table 3: Identification of what constitutes ‘a family’**

<table>
<thead>
<tr>
<th></th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>A married heterosexual couple with a child</td>
<td>80</td>
</tr>
<tr>
<td>An unmarried heterosexual couple with a child</td>
<td>62</td>
</tr>
<tr>
<td>A heterosexual lone mother with a child</td>
<td>55</td>
</tr>
<tr>
<td>A heterosexual lone father with a child</td>
<td>55</td>
</tr>
<tr>
<td>A lesbian lone mother with a child</td>
<td>37</td>
</tr>
<tr>
<td>A lesbian couple with a child</td>
<td>33</td>
</tr>
<tr>
<td>A gay lone father with a child</td>
<td>35</td>
</tr>
<tr>
<td>A gay couple with a child</td>
<td>33</td>
</tr>
</tbody>
</table>
In broad terms there have been positive changes in attitudes towards lesbian and gay people in Northern Ireland over the past two decades. Attitudes towards same-sex relations have softened and there is an acceptance of a wider construction of ‘the family’. That said, a hierarchy remains whereby heterosexual marriage, families and parenting is privileged above all else. Attitudinal change coinciding with increased attention to gay and lesbian people and issues of gay rights has occurred in other countries (Anderson & Fetner, 2008; Baunach, 2012). Whether policy and legislative change is cause or effect is debated, it is nevertheless important in respect of public attitudes.

References

Key points

• The proportion of people who believe that same-sex relations are ‘always wrong’ has dropped from 76% in 1989 to 28% in 2012.
• 73% of people describe themselves as ‘not prejudiced at all against gay men’ and 76% report the same in respect of lesbians.
• People who view homosexuality as a ‘choice’ tend to hold negative views towards gay people and are less likely to support gay rights than those who believe that sexual orientation cannot be changed.
• Other predictors of negative views include a Protestant religious affiliation, being older and regular church attendance.
• Knowing someone who is gay or lesbian is a predictor of more positive attitudes.
• In 2005 only 35% of people felt that lesbian or gay couples should have the right to marry. By 2012 the majority (58%) felt that marriage between same-sex couples should be legally recognised.
• At least one in four and as many as one in three people felt that a lesbian or gay parent(s) with a child did not constitute ‘a family’.

Siobhán McAlister is a Lecturer in the School of Sociology, Social Policy and Social Work, Queen’s University, Belfast. Nicola Carr is a Lecturer in the School of Sociology, Social Policy and Social Work, Queen’s University Belfast. Gail Neill is a youth worker and freelance trainer working in the areas of gender and sexuality.

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The Northern Ireland Life and Times survey (NILT) is carried out annually and documents public opinion on a wide range of social issues. NILT is a joint project of the two Northern Ireland universities and aims to provide an independent source of information on what the public thinks about the social issues of the day. Check the web site for more information on the survey findings (www.ark.ac.uk/nilt) or call the survey director on 028 9097 3034 with any queries.