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Green, B. D., Hand, K. V., Dougan, J. E., McDonnell, B. M., Cassidy, R. S., & Grieve, D. J. (2008). GLP-1 and related peptides cause concentration-dependent relaxation of rat aorta through a pathway involving KATP and cAMP. Archives of Biochemistry and Biophysics, 478(2), 136-142. DOI: 10.1016/j.abb.2008.08.001

Published in:
Archives of Biochemistry and Biophysics

Document Version:
Publisher's PDF, also known as Version of record

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GLP-1 and related peptides cause concentration-dependent relaxation of rat aorta through a pathway involving $K_{ATP}$ and cAMP

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A R T I C L E   I N F O

Article history:
Received 3 April 2008
and in revised form 1 August 2008
Available online 7 August 2008

Keywords:
Glucagon-like peptide-1 (GLP-1)
Exendin
Incretin
Hormone
Non-peptide agonist
Vasorelaxation
Aorta

A B S T R A C T

Increasing evidence from both clinical and experimental studies indicates that the insulin-releasing hormone, glucagon-like peptide-1 (GLP-1) may exert additional protective/repairative effects on the cardiovascular system. The aim of this study was to examine vasorelaxant effects of GLP-1(7-36)amide, three structurally-related peptides and a non-peptide GLP-1 agonist in rat aorta. Interestingly, all GLP-1 compounds, including the established GLP-1 receptor antagonist, exendin (9-39) caused concentration-dependent relaxation. Mechanistic studies employing hyperpolarising concentrations of potassium or glibenclamide revealed that these relaxant effects are mediated via specific activation of ATP-sensitive potassium channels. Further experiments using a specific membrane-permeable cyclic AMP (cAMP) antagonist, and demonstration of increased cAMP production in response to GLP-1 illustrated the critical importance of this pathway. These data significantly extend previous observations suggesting that GLP-1 may modulate vascular function, and indicate that this effect may be mediated by the GLP-1 receptor. However, further studies are required in order to establish whether GLP-1 related agents may confer additional cardiovascular benefits to diabetic patients.

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Glucagon-like peptide-1(7-36)amide (GLP-1) is a gut hormone with potent insulin-releasing and glucose-lowering actions. Recent years have seen the clinical development of a number of GLP-1 analogues and mimetic compounds for the treatment of type 2 diabetes. In 2005, the first anti-diabetic drug to target the GLP-1 receptor, exendin-4 (1-39) (also known as exanetide), received approval by the Food and Drug Administration. Numerous similar compounds, which hold vast therapeutic potential for the improved management of type 2 diabetes, are currently undergoing preclinical and clinical trials [1,2].

Recent decades have witnessed an intensive examination of GLP-1’s numerous anti-diabetic and metabolic effects [2]. However, emerging evidence now indicates that this peptide hormone may have a number of additional effects on the cardiovascular system. Recent studies report wide-ranging cardiovascular actions of GLP-1 such as modulation of heart rate, blood pressure and cardiac structure and function [3–8]. Furthermore, GLP-1 has been shown to improve cardiovascular function in experimental heart failure [9,10] and in both diabetic and non-diabetic heart failure patients [11,12]. Chronic GLP-1 treatment has also been found to improve cardiovascular risk factors, such as HDL cholesterol, triglycerides and diastolic blood pressure, in patients with type 2 diabetes [13]. Patients with diabetes are characterised by an increased incidence of cardiovascular disease reported to be up to five times that of the normal non-diabetic population [14]. Given the current epidemic escalation in type 2 diabetes and the associated cardiovascular morbidities, it seems pertinent to further investigate potential cardiovascular actions of anti-diabetic drugs, such as GLP-1 which may prove to be beneficial in the treatment of such complications.

Previous studies investigating the ex vivo vascular actions of GLP-1 in rat blood vessels have suggested that it causes direct relaxation via an endothelium-independent mechanism [15,16]. The aim of the present study was to significantly extend these preliminary findings to a detailed investigation of the mechanisms by which native GLP-1(7-36)amide, three structurally-related peptides (GLP-1(9-36)amide, exendin-4 (1-39) and exendin (9-39)) and a small molecule GLP-1 receptor agonist, may modulate vascular function.

Experimental

Animals

Male Sprague–Dawley rats (8–12 weeks) were used throughout this study. They were housed under constant climatic conditions with free access to food and water. All experiments were
performed in accordance with the Guidance on the Operation of the Animals (Scientific Procedures) Act, 1986 (UK).

**Isolated vessel studies**

Rats were killed with a sodium pentobarbitone overdose (200 mg kg⁻¹ body weight i.p.) and the thoracic aorta excised, cleared of surrounding connective tissue, and cut into 3 mm rings, taking care to leave the endothelium intact. Rings were suspended between a force transducer and fixed in support organ bath chambers containing 1.5 ml modified Krebs–Henseleit buffer (KHB, composition in mM: 118.5 NaCl, 3.8 KCl, 1.18 KH₂PO₄, 25 NaHCO₃, 1.19 MgSO₄, 10 glucose and 1.25 CaCl₂), bubbled with 95% O₂/5% CO₂ at 37 °C. Vessels were held at a resting tension of 1 g (preliminary experiments found this to be optimal), and allowed to equilibrate for 45 min, before the maximum contractile response to 80 mM KCl was assessed. Following washout and re-equilibration, a cumulative dose response curve to phenylephrine (PE, 1 nM–10 μM) was performed. Washout and rings were then pre-constricted with PE to 70% of their maximal PE-induced contraction before the following experimental protocols were performed.

In order to study the direct effects of GLP-1 compounds on vascular function, cumulative relaxation responses were performed to the peptides GLP-1(7-36)amide, GLP-1(9-36)amide, exendin-4 (1-39) and exendin (9-39) and the non-peptide small molecule GLP-1 receptor agonist 6,7-dichloro-2-methylsulfonyl-3-N-tert-butylaminoquinoline (DMB) (0.1 μM–0.1 mM). Possible mechanisms of action of GLP-1 were further investigated by performing cumulative relaxation responses to GLP-1(7-36)amide in endothelium-denuded vessels and in the presence or absence of specific inhibitors of candidate pathways (*n* = 8–13): (1) Nω-nitro-l-arginine methyl ester hydrochloride (L-NAME, 0.3 mM), non-selective nitric oxide (NO) synthase inhibitor; (2) indomethacin (10 μM), cyclooxygenase inhibitor; (3) catalase (1250 U ml⁻¹), hydrogen peroxide scavenger; (4) hyperpolarising potassium channel blocker; (6) Rp-8-Br-cAMPS (10 μM), cell-permeable cyclic AMP (cAMP) antagonist. Cumulative relaxation response curves were also performed to the cAMP activator, forskolin (0.1 mM) in the presence and absence of Rp-8-Br-cAMPS, in order to demonstrate the specificity of the inhibitor for cAMP.

**Determination of cAMP production**

Rats (*n* = 8–12) were killed and the thoracic aorta removed, cleaned and cut into two sections. Each vessel segment was equilibrated for 30 min in KHB at 37 °C and bubbled with 95% O₂/5% CO₂, before incubation with the non-specific phosphodiesterase inhibitor, 3-isobutyl-1-methylxanthine (IBMX, 0.1 mM) for a further 10 min. One vessel section was then incubated with GLP-1(7-36)amide or exendin (9-39) (0.1 μM) for 15 min and the other with an equivalent volume of vehicle to act as a control. Vessels were then blotted dry and frozen in liquid nitrogen for further analysis.

For determination of cAMP production, frozen aortae were weighed and homogenised (1500 rpm) using a reusable pellet pestle (Kimble-Kontes, Vineland, New Jersey, USA) fixed into an overhead stirrer (SS10, Stuart Scientific, Surrey, UK). Homogenates were suspended in trichloroacetic acid (5% (w/v); 100 μl/100 mg of tissue), centrifuged (1500g, 10 min) and the supernatant was removed. Trichloroacetic acid was extracted from samples using water-saturated diethyl ether before total cAMP production was measured using an enzyme immunoassay kit (Cayman Europe, Tallinn, Estonia).

**Real-time RT-PCR**

Expression of GLP-1 receptor mRNA was analysed in rat aorta, skeletal muscle (gastrocnemius) and heart by real-time RT-PCR with fluorescent SYBR Green technology on a Prism 7300 HT system (Applied Biosystems, Warrington, UK), using β-actin mRNA for normalisation. Primers (5′-3′): β-actin: forward CAGTTGACACGAGGCTACAG; GLP-1 receptor: forward CATCCACCTGAACCTTGTGC, reverse GGGACGCTCCTTTGATGAA. The comparative Ct method was used for relative quantification with validation experiments demonstrating approximately equal efficiencies of primers. All samples were run in triplicate and data expressed in arbitrary units.

**Reagents**

GLP-1 and exendin peptides (>95% purity) were custom made by EzbioLabs (Indiana, USA), l-phenylephrine hydrochloride (PE), Nω-nitro-l-arginine methyl ester hydrochloride (l-NAME), indomethacin, catalase, glybenclamide, forskolin and 3-isobutyl-1-methylxanthine (IBMX) were purchased from Sigma-Aldrich (Poole, UK). Rp-8-Br-cAMPS and 6,7-dichloro-2-methylsulfonyl-3-N-tert-butylaminoquinoline (DMB) were purchased from Merck Chemicals Ltd (Nottingham, UK). All drugs, with the exception of indomethacin, were initially dissolved in deionised water (at 10 mM) and diluted in KHB. Indomethacin was initially dissolved in dimethyl sulfoxide (at 0.1 M) and diluted in KHB. All solutions were freshly prepared on the day of the experiment. Concentrations are expressed as the final concentration of each drug in the organ bath.

**Statistical analysis**

Data are expressed as mean ± standard error of the mean (SEM). For organ bath studies data was expressed as decrease in tension calculated as a percentage of the initial PE-induced tension, and was plotted against log agonist concentration. Production of cAMP and GLP-1 receptor mRNA were expressed as arbitrary units. Data were analysed by a two-way repeated measures ANOVA, one-way ANOVA with Tukey’s post-hoc test or unpaired Student’s *t* test (two-tailed), as appropriate. *P* < 0.05 was considered to be significant.

**Results**

**Effects of GLP-1 and structurally-related peptides on vascular relaxation in isolated rat aorta**

Fig. 1 shows cumulative relaxation response curves to (A) GLP-1(7-36)amide and GLP-1(9-36)amide, (B) exendin-4 (1-39) and exendin (9-39) and (C) GLP-1(1-36)amide and DMB. All five compounds elicited significant and concentration-dependent vasorelaxation actions in rat aorta. Maximal relaxations to endogenous GLP-1(7-36)amide and GLP-1(9-36)amide (52.1 ± 7.0 and 45.8 ± 8.2%) appeared to be greater than those to synthetic exen-4 (1-39) and exendin (9-39) (32.5 ± 7.8 and 33.7 ± 6.6%), although this did not reach statistical significance (*P* = 0.086, one-way ANOVA). The non-peptide GLP-1 receptor agonist, DMB induced similar maximal relaxations to GLP-1(7-36)amide (55.1 ± 5.7 vs 60.9 ± 8.9%). These data are summarised in Fig. 1D.
Mechanisms of GLP-1-mediated vascular relaxation

Based on these data, the predominate physiological isoform, GLP-1(7-36)amide (herein referred to as GLP-1), was selected for a number of further mechanistic studies. Neither endothelial denudation nor incubation with the NO synthase inhibitor, L-NAME, the cyclooxygenase inhibitor, indomethacin or the hydrogen peroxide scavenger, catalase had any significant effect on relaxation to GLP-1 (Fig. 2). In contrast, cumulative relaxation responses to GLP-1 were significantly attenuated by both high extracellular potassium and the ATP-sensitive potassium channel blocker, glybenclamide (Fig. 3A–B; control 55.9 ± 6.1, high KCl 30.2 ± 7.2%; \( P < 0.05 \)). Maximal relaxation responses from all of these inhibitor studies are summarised in Fig. 3C.

Further studies demonstrated that pre-incubation of vessels with the specific cAMP antagonist, Rp-8-Br-cAMPS significantly inhibited relaxations induced by both GLP-1 (Fig. 4A; 33.9 ± 8.3 vs 66.0 ± 3.7%; \( P < 0.05 \)) and the adenylate cyclase activator, forskolin (Fig. 4B; \( E_{50} \) 13.2 ± 6.0 vs 2.1 ± 0.8 μM; \( P < 0.05 \)), the latter experiment confirming the specificity of Rp-8-Br-cAMPS for cAMP. Consistent with these findings, cAMP production was found to be significantly increased in aortic vessels incubated with GLP-1 compared with vehicle controls (Fig. 4C; 1.00 ± 0.19 vs 1.90 ± 0.31 arbitrary units; \( P < 0.05 \)). Interestingly, exendin (9-39) was also found to significantly stimulate cAMP production compared with controls (Fig. 4C; 1.00 ± 0.29 vs 1.95 ± 0.35 arbitrary units; \( P < 0.05 \)).

Quantitative expression of the GLP-1 receptor in rat aorta

Significant expression of GLP-1 receptor mRNA was demonstrated in rat aorta by real-time RT-PCR (Fig. 5). Heart and skeletal muscle were used for positive and negative comparison as tissues in which the GLP-1 receptor is known to be expressed at very high and very low levels, respectively [17].

Discussion

In this study we demonstrated that GLP-1 causes significant concentration-dependent relaxation of isolated rat aorta through mechanisms leading to stimulation of cAMP and subsequent opening of K\(_{ATP}\) channels. This effect occurs independently of its established insulin-releasing activity and does not appear to be modulated by the primary physiological inactivator of GLP-1, dipeptidyl peptidase IV (DPP IV). The potent vasorelaxant activity of a small molecule non-peptide GLP-1 receptor agonist (DMB) [38] suggests that this effect may at least partly be mediated via the GLP-1 receptor. Taken together, these are important observations which may have significant implications for the therapeutic
use of GLP-1 in the treatment of vascular complications associated with diabetes.

We chose to investigate the effects of GLP-1(7-36)amide and three structurally-related peptides, GLP-1(9-36)amide, exendin-4 (1-39) and exendin (9-39) on vascular relaxation. These peptides are characterised by differing biological activities as outlined in Table 1. The majority of circulating GLP-1 is found in the form of GLP-1(7-36)amide. This insulin-releasing peptide is rapidly degraded in vivo by DPP IV to generate its major plasma metabolite, GLP-1(9-36)amide [18]. GLP-1(9-36)amide is largely devoid of insulin-releasing activity, has lower affinity for the GLP-1 receptor [19–24]. Exendin-4 (1-39) is a peptide isolated from the salivary glands of the Gila monster lizard which possesses 53% sequence homology to GLP-1 and is a potent GLP-1 receptor agonist [21]. Exendin (9-39) is a well characterised antagonist of the GLP-1 receptor which has been demonstrated on numerous occasions to block the biological actions of both GLP-1(7-36)amide and exendin-4 (1-39) [20,21,23,25–27]. Indeed, a previous study on the ex vivo vascular actions of GLP-1 reported that exendin (9-39) significantly inhibited GLP-1-induced relaxations in rat femoral artery [16]. However, in the present investigation we clearly demonstrated that this pep-

**Fig. 2.** Investigating possible mechanisms of GLP-1-mediated vascular relaxation: NO, cyclooxygenase and hydrogen peroxide. Cumulative relaxation responses to GLP-1(7-36)amide in (A) endothelium-intact and denuded vessels, and in the presence or absence of (B) L-NAME (0.3 mM); (C) indomethacin (10 μM) and (D) catalase (1250 U ml⁻¹).

Table 1

<table>
<thead>
<tr>
<th>Functional characteristic</th>
<th>GLP-1(7-36)amide</th>
<th>GLP-1(9-36)amide</th>
<th>Exendin-4 (1-39)</th>
<th>Exendin (9-39)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stimulate insulin secretion? [1,2,31]</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>GLP-1 receptor agonist/antagonist? [21–23,31]</td>
<td>Agonist</td>
<td>Inactive/weak antagonist</td>
<td>Agonist</td>
<td>Antagonist</td>
</tr>
<tr>
<td>Stimulate production of CAMP in beta cells? [1,2,21,23,31]</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Relative affinity for GLP-1 receptor compared with GLP-1(7-36)amide [21,23,31]</td>
<td>N/A</td>
<td>–100–150-fold ↓</td>
<td>Similar</td>
<td>3–6-fold ↓</td>
</tr>
<tr>
<td>Stimulate CAMP production in isolated rat aorta? (present study)</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Cause vasorelaxation in isolated rat aorta? (present study)</td>
<td>Yes</td>
<td>ns</td>
<td>ns</td>
<td>ns</td>
</tr>
<tr>
<td>Cause vasorelaxation in isolated femoral arteries? [16]</td>
<td>Yes</td>
<td>ns</td>
<td>ns</td>
<td>No</td>
</tr>
</tbody>
</table>

N/A, not applicable; ns, not studied; ↓, decrease.
tide had a potent concentration-dependent relaxant effect of similar magnitude to each of the other GLP-1 peptides tested, suggesting that GLP-1-induced vascular relaxation, at least in the rat aorta, may occur independently of its established metabolic actions.

Interestingly, recent studies have also reported similar potencies of GLP-1(7-36)amide and GLP-1(9-36)amide. In conscious dogs with pacing-induced heart failure, Nikolaidis et al. found that...
as GLP-1 has been shown to stimulate ATP-sensitive potassium channels in the pancreas [29,30], which are also known to mediate the involvement of a hyperpolarisation-dependent pathway. Indeed, pre-incubation with GLP-1 and exendin (9-39), which also caused vasorelaxation, resulted in a significant elevation in vascular cAMP production. The specificity of Rp-cAMPS for cAMP was confirmed by isolated vessel studies in which it was found to significantly decrease vascular sensitivity to the adenylylate cyclase activator, forskolin, consistent with previous reports [32–33]. Taken together these studies provide convincing evidence for the involvement of a cAMP-dependent pathway in GLP-1-induced vascular relaxation.

The GLP-1 receptor is a G-protein-coupled receptor widely expressed in tissues including pancreas, kidney, stomach, and brain [34], and to a much lesser extent in muscle and adipose tissues [17]. Although the GLP-1 receptor has been identified in the hearts of many species including humans, expression in other parts of the cardiovascular system has not yet been characterised [11,31,35,36]. In the present study, quantitative molecular analyses indicated marked mRNA expression of the GLP-1 receptor in rat aorta, which was significantly higher than that found in skeletal muscle but less abundant than heart tissue. Our studies using the non-peptide GLP-1 receptor agonist, DMB, provide evidence supporting a role for the GLP-1 receptor in the observed relaxation response. Indeed, in well characterised tissues such as pancreas, the GLP-1 receptor is known to regularly couple to and activate adenylylate cyclase leading to cAMP production and subsequent activation of protein kinase A [31]. However, since GLP-1(9-36)amide and exendin (9-39) (previously referred to as antagonists) also cause vascular relaxation and increased cAMP production, it would appear that the GLP-1 receptor may be differentially activated in the vasculature compared to other tissues. Further detailed investigations are required in order to establish the precise role of the GLP-1 receptor in GLP-1 mediated vascular relaxation.

Diabetic patients are characterised by an increased risk of developing debilitating microvascular complications such as retinopathy, nephropathy and neuropathy [37]. Previous studies indicate that GLP-1 may actually increase arterial blood pressure secondary to sympathetic activation and tachycardia, thus masking any potential hypotensive effect [34]. However, it is possible that GLP-1 may still confer cardiovascular benefits in mediating local vasodilatation of peripheral tissues, which combined with increased arterial blood pressure could serve to increase delivery of oxygenated blood to compromised tissues. The potential for GLP-1 to improve tissue perfusion in diabetic patients and reduce the incidence/severity of microvascular complications is an exciting development and one that warrants further investigation. Interestingly, our data suggest that this may also apply to peptides which have previously been reported as ‘inactive’, such as GLP-1(9-36)amide.

In conclusion, these studies demonstrate that GLP-1 and a number of structurally-related peptides have significant vasorelaxant properties. The relaxant action of GLP-1 appears to be mediated, at least in part via stimulation of cAMP and opening of ATP-sensitive potassium channels. The unexpected relaxant actions of metabolically-inactive forms of GLP-1 raise important questions concerning the activation and coupling of vascular GLP-1 receptor. Further studies are required in order to establish whether the clinical use of GLP-1 as an anti-diabetic drug therapy may also provide additional cardiovascular benefits to these patients.

![Fig. 5. GLP-1 receptor expression. Bar chart comparing mRNA expression of GLP-1 receptor in rat aorta, heart and skeletal muscle. Each value represents the mean ± SEM for six samples; *P < 0.05 vs skeletal muscle, †P < 0.05 vs aorta (one-way ANOVA with Tukey’s post-hoc test).](image-url)
Acknowledgments

The authors are currently supported by project funding from Diabetes UK. KVH and BMD were supported by summer studentships from the Physiological Society and the School of Medicine, Dentistry and Biomedical Sciences, Queen's University Belfast. The authors do not consider that they have any conflict of interest that would prejudice the impartiality of this scientific work.

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