Poster abstract: SPORT high-risk trial: A randomised feasibility study evaluating stereotactic prostate radiotherapy in high-risk localised prostate cancer with or without elective nodal irradiation


Published in:
European Journal of Surgical Oncology

Document Version:
Publisher's PDF, also known as Version of record

Queen's University Belfast - Research Portal:
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Download date:31. Jul. 2019
Conclusion: NGS liquid biopsy analysis has a big validity either for mutation detection at the time of diagnosis or for the detection of early molecular relapse following treatment.

http://dx.doi.org/10.1016/j.ejso.2016.07.074

191. Malignant bowel obstruction — How can we do better?
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Background: Malignant small bowel obstruction (SBO) affects 20–50% of ovarian cancer patients and has a grave prognosis (Caprotti et al, 2006). There is little evidence to guide optimal management of these patients and they often require prolonged periods in hospital. Surgery is rarely an option as ovarian cancer SBO is characteristically multi-focal. Medical management includes a combination of opioids, antiemetics, glucocorticoids and antisecretory drugs with limited symptomatic response rates. Research suggests that a subpopulation of patients benefit from early intervention with total parenteral nutrition (TPN) and chemotherapy (Aburustum et al, 1997; Bryan, 2006) but there are currently no established prognostic indicators to identify those patients most likely to benefit from TPN and access to home TPN varies around the country.

In December 2015 Health Improvement Scotland published Complex Nutritional Care Standards which require that NHS boards ensure patients are considered for complex nutritional care by a multidisciplinary team (MDT). At the Beatson, West of Scotland Cancer Centre (BWSCC), we have established a MDT to develop new guidelines and pathways for the management of patients with malignant SBO.

Method: To inform this process we undertook a retrospective study of current practice and outcomes in ovarian cancer patients with SBO at BWSCC admitted over two years.

Results: We present data on 56 patient admissions, including age, performance status, BMI, stage of disease, presence of ascites, previous and current anti-cancer therapy, laboratory factors including, albumin, white cell count and CA-125 were recorded as well as data on length of stays, use and complications of TPN, resolution of obstruction, place of discharge and survival. The current inpatient journey, specifically referral processes to dieters, TPN team, surgeons and palliative care team is reviewed.

Conclusion: The necessity for a MDT in complex nutrition care of cancer patients is demonstrated.

http://dx.doi.org/10.1016/j.ejso.2016.07.075

207. The extent and impact of musculoskeletal dysfunction on women following breast reconstruction using the latissimus dorsi muscle: A questionnaire survey
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Background: Quality of life is becoming more important in regard to breast cancer as treatment advances extend the period of survivorship. Breast reconstruction following mastectomy is an important management option in breast cancer, therefore the functional implications associated with this surgery must be considered. The latissimus dorsi (LD) flap is one the most widely used surgical procedures for women with breast cancer undergoing reconstructive surgery. To date, literature has mainly focused on body image and wound healing with little in-depth investigation of the impact of this surgery on shoulder function. Few studies have specifically investigated the musculoskeletal impact of surgery and of those that have, findings have varied regarding the impact and extent.

Method: A postal survey design was used to gather detailed and personal information from women who had LD breast reconstruction. All eligible women who underwent LD flap surgery through the Northern Ireland Health and Social Care Trusts were included in the study. A range of validated outcome measures were included in order to determine both the physical and psychosocial implications of LD breast reconstruction in women following mastectomy for breast cancer.

Results: A total of 159 women, (mean age = 46.8 ± 7.9 years; mean time since surgery = 4.3 ± 2.9 years) completed the survey. The results from the validated outcome measure scores demonstrated low to moderate dysfunction among the group. Subgroup analysis revealed that auxiliary node removal significantly impacted disability scores (p = .036) as per DASH and quality of life scores regarding mobility (p = .008) and self-care (p = .030) as per EuroQol.

Conclusion: The findings from this study indicate that LD breast reconstruction has an impact on the functional ability of patients undergoing this specific procedure, with the results from the validated outcome measure scores demonstrating low to moderate dysfunction among the group.

http://dx.doi.org/10.1016/j.ejso.2016.07.077